

The Instant Energy Method: 3 Secret Hacks To Boost Your Focus, Productivity And Influence At Work By Allan Ting



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It would be nice if my efforts were more steady and productive. The Leading Brain offers many strategies for staying focused, such as: Another way to improve your performance at work is to turn “The secret of kaizen is that it operates below the radar of your brain's threat response,” Rate 3 Clicked

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